

Served 12-3PM

GLUTEN FREE MENU

Monday-Sunday

LIGHTER BITES

ADD SOUP..... £3.00

ADD CULLEN SKINK..... £3.50

SANDWICHES £8.00

Your choice of:

Ham & Mustard
Tuna Mayo & Cucumber
Cheese & Tomato (V)
Egg Mayo & Cress (V)

CIABATTA £12.00

Steak Strips, Caramelized Red
Onion, Garlic Mayo.

BAGEL £12.00

Smoked Salmon, Lemon & Herb
Cream Cheese, Rocket.

BAGUETTE (V) £8.00

Roasted Beetroot, Hummus &
Crispy Chick Pea Salad.

SMALL PLATES

SOUP (V) £6.00

Soup of the Day, GF Baked Bread.

SKINK £7.00

Cullen Skink, GF Baked Bread.

PRAWNS £9.00

Marinated Prawn Skewers,
Romesco Sauce.

CHICKEN £7.00

Sticky Lime, Honey & Chilli Chicken
Wings, Chive Sour Cream.

ARANCINI (V) £7.00

Mozzarella & Basil Arancini,
Garlic Mayo Dip.

LUNCH PLATES

MILTON BENEDICT £13.00

Mary's GF Cheese Scone, Streaky
Bacon, Poached Eggs, Herb
Hollandaise.

VEGGIE BENEDICT (V) £13.00

Mary's GF Cheese Scone, Nutmeg
Spiced Spinach, Roasted Tomatoes,
Poached Eggs, Herb Hollandaise.

FISH AND CHIPS £17.00

Beer Battered Haddock, Fries,
Garden Peas, Tartare Sauce.

SALAD (V) £14.00

Baked Halloumi, Carrot Ribbons,
Mustard & Honey Dressing,
Orange & Mixed Leaf Salad.
Add Parma Ham +£2

BURGER £12.00

Steak Burger, GF Brioche Bun, Lettuce,
Tomato, Slaw.

Add a Topping +£2.50

Bacon | Cheddar Cheese
Fried Onions | Blue Cheese
Tomato Chutney

LAMB £14.00

Marinated Lamb Chops, GF Pitta
Bread, Mixed Salad, Garlic & Mint
Yoghurt.

COD £15.00

Pan Seared Cod Fillet, Sauteed
Potatoes, Pea Puree, Roasted
Shallots, Lemon Oil.

GNOCCHI £13.00

Tomato, Mozzarella & Chorizo
Gnocchi Bake, Basil Crisps.

SIDES

CHUNKY CHIPS £4.00

SKINNY FRIES £4.00

HONEY ROASTED VEGETABLES £4.00

MILTON MIXED SALAD £4.00

GF BREAD BASKET £4.00

OLIVES £4.00

PARMESAN & TRUFFLE FRIES £5.00

GF CHEESY GARLIC BREAD £5.00

DESSERT PLATES

STP £7.00

Sticky Toffee Pudding, Toffee
Sauce, Traditional Mackie's Ice
Cream.

BRULEE £7.00

Malibu Crème Brulee, Toasted
Coconut, Chocolate Macaroons.

CHEESE £12.00

Classic Celtic Cheese Plate,
Chutney, Grapes, GF Oatcakes.

Please advise us in advance if you
have any other special dietary
requirements.

SUNDAY ROAST

Join us for a classic Roast,
served with all the trimmings.

(Only available on Sundays)

